

RISE AND SHINE

WEEKDAYS TILL 10:00AM | WEEKENDS TILL 1:00PM



BREAKFAST CRAVINGS

THE BIG BREAKFAST | 14.95

3 EGGS, BACON OR SAUSAGE, 2 PANCAKES, MAPLE SYRUP, PAN POTATO, TOAST

HAM & CHEESE CROISSANT | 10.95

CROISSANT, HAM, SWISS CHEESE, ARUGULA & TOMATO SALAD, FRESH FRUIT

2 EGGS 'ANY WAY' | 10.95

BACON OR SAUSAGE, PAN POTATO, TOAST

BREAKFAST BURRITO | 10.95

SCRAMBLED EGGS, CHORIZO, PEPPERS, CHEDDAR, CILANTRO, PAN POTATO

FARMER'S MARKET BOWL | 13.95

HASH BROWNS, APPLE SAUSAGE, ONIONS, TOMATO, SCRAMBLED EGGS, HOLLANDAISE, GREEN ONIONS

CHORIZO & POTATO HASH | 13.95

YUKON POTATOES, CHORIZO, PEPPERS, ONIONS, FRIED EGG, CHORIZO DEMI

SOUTHERN FRIED CHICKEN & WAFFLES | 14.95

WHITE SAUSAGE GRAVY, HASH BROWNS, FRESH FRUIT

1 EGG 1.50

TOAST 1.95

FRUIT BOWL 6.45

WHIPPED CREAM 0.95

POTATOES 1.95

BACON (3) 3.25

BAGEL & CREAM CHEESE 3.95

FRESH BERRY TOPPING 2.50

SAUSAGE (3) 3.25

FRUIT CUP 3.95

GREEK YOGURT 2.50

SIDES

OMELETTES

CREATE YOUR OWN | 12.95

2 EGG OR EGG WHITE OMELETTE, PAN POTATO, TOAST, CHOICE OF:

PROTEIN (1): BACON, HAM, CHORIZO, SMOKED SALMON, SHRIMP

CHEESE (1): CHEDDAR, FETA, PROVOLONE

VEGGIES (2): PEPPERS, ONION, TOMATO, SPINACH, MUSHROOM

EXTRAS: PROTEIN OR CHEESE 0.95 | VEGGIES 0.50



SWEET CRAVINGS

CRAVINGS' CLASSIC PANCAKES | 9.95

5 BUTTERMILK PANCAKES, BUTTER, MAPLE SYRUP

BLUEBERRY PANCAKE STACKER | 10.95

BLUEBERRY PANCAKES, WHIPPED CREAM, BUTTER, MAPLE SYRUP

CHURROS FRENCH TOAST | 13.95

CRISPY CINNAMON & SUGAR FRENCH TOAST, CHANTILLY CREAM, FRESH FRUIT

SWEET WAFFLES | 12.95

SUGAR WAFFLES, WHIPPED CREAM, FRESH BERRIES

HOUSEMADE FRUIT PARFAIT | 8.95

VANILLA YOGURT, FRUIT SALAD, IN-HOUSE MADE GRANOLA

CRAVINGS' FAMOUS BENEDICTS

TRADITIONAL | 13.95

CANADIAN BACK BACON, HOLLANDAISE, ENGLISH MUFFIN, PAN POTATO

WEST COAST | 14.95

SMOKED SALMON, DILL HOLLANDAISE, ENGLISH MUFFIN, PAN POTATO

SPINACH AND GRILLED TOMATO | 13.95

GRILLED TOMATO, WILTED SPINACH, POACHED EGGS, HOLLANDAISE, HASH BROWNS